

DIMER 2026 DIABETES 26

Postgraduate Course in Advanced Diabetes

 **October 29-31**  **Radisson Collection Hotel Vadistanbul, Turkey**

DAY 1

THURSDAY, OCTOBER 29, 2026

08:45–09:00 OPENING REMARKS
Prof. Dr. Mustafa KANAT

09:00–10:45 SESSION I: PREDIABETES: THE WINDOW BEFORE THE STORM
Co-Chairs: Prof. Dr. Ambady RAMACHANDRAN and Prof. Dr. Hasan İLKÖVA

09:00–09:30 Prediabetes: Pathophysiology, Classification and Risk Stratification
Speaker: Prof. Dr. Muhammad ABDUL-GHANI

DEBATE: Can Type 2 Diabetes Be Prevented? Lifestyle Intervention versus Pharmacological Intervention

09:30–10:00 Lifestyle Intervention: Still the Most Powerful Tool?
Speaker: Prof. Dr. Ambady RAMACHANDRAN

10:00–10:30 Pharmacological Intervention: A More Effective Strategy?
Speaker: Prof. Ralph A. DEFRONZO

10:30–10:45 Discussion and Q&A

10:45–11:00 Coffee Break 

11:00–12:50 SESSION II: CLINICAL INERTIA IN CARDIOMETABOLIC DISEASE
Co-Chairs: Prof. Dr. Mehmet AĞIRBAŞLI and Prof. Dr. Murat SİPAHİOĞLU

11:00–11:20 Breaking the Cycle of Therapeutic Inertia in Type 2 Diabetes
Speaker: Prof. Dr. Muhammad HASSANEIN

11:20–11:40 LDL-C Lowering: Are We Treating Risk or Chasing Numbers?
Speaker: Prof. Dr. Peter M. NILSSON

11:40–12:00 Blood Pressure Control: The Gap Between Guidelines and Reality
Speaker: Prof. Dr. Tevfik ECDER

12:00–12:20 Adherence Matters: The Missing Link in Achieving Glycemic Targets
Speaker: Prof. Dr. Dilek GOGAS YAVUZ

12:20–12:50 Panel Discussion & Q&A

12:50–13:50 Lunch 

13:50–15:20 SESSION III: THE INCRETIN REVOLUTION
Co-Chairs: Prof. Dr. Ralph A. DEFRONZO and Prof. Dr. Muhammad HASSANEIN

13:50–14:20 The Incretin Concept at 40: From Scientific Curiosity to Therapeutic Revolution
Speaker: Prof. Dr. Michael NAUCK

14:20–14:35 Q&A

14:35–15:05 Beyond Glycemic Control: Are Incretin-Based Therapies Redefining Metabolic Medicine?
Speaker: Prof. Dr. Michael NAUCK

15:05–15:20 Q&A

15:20–15:35 Coffee Break 

15:35–17:15 SESSION IV: ININTERACTIVE CASE FORUM-I
Moderator: Prof. Dr. Peter NILSSON

Panelists: Prof. Dr. Biykem BOZKURT, Prof. Dr. Tevfik ECDER, Prof. Dr. Zobair YOUNOSSI, Prof. Dr. Muhammad ABDUL-GHANI

17:15–17:30 Coffee Break 

17:30–18:30 SESSION V: DISEASE MODIFICATION IN TYPE 2 DIABETES
Chair: Prof. Dr. Fahrettin KELEŞTEMUR

17:30–18:15 The CATALYST Trial: A New Paradigm in Difficult-to-Control Type 2 Diabetes
Speaker: Prof. Dr. Ralph A. DEFRONZO

18:15–19:00 Q&A

DAY 2

FRIDAY, OCTOBER 30, 2026

09:00–11:00 SESSION V: THE CARDIOMETABOLIC REVOLUTION
Co-Chairs: Prof. Dr. Tevfik ECDER and Prof. Dr. Mehmet AĞIRBAŞLI

09:00–09:30 Heart Failure in Type 2 Diabetes: Mechanisms, Phenotypes and Clinical Implications
Speaker: Prof. Dr. Biykem BOZKURT

09:30–10:15 The Cardiorenal Continuum in Diabetes: Lessons from the Kidney
Speaker: Prof. Dr. Ralph A. DEFRONZO

10:15–10:45 Cardiometabolic Therapies in Heart Failure: Beyond Glycemic Control
Speaker: Prof. Dr. Biykem BOZKURT

10:45–11:00 Q&A

11:00–11:15 Coffee Break 

11:15–12:45 SESSION VI: PRACTICAL ASPECTS OF DIABETES CARE
Co-Chairs: Prof. Dr. Muhammad ABDUL-GHANI and Prof. Dr. İlhan SATMAN

11:15–11:45 Rethinking Diabetic Neuropathy: Early Diagnosis, Biomarkers and Nerve Regeneration
Speaker: Prof. Dr. Rayaz MALIK

11:45–12:30 Invisible Burden of Herpes Zoster and Protection Against Shingles
Speaker: Prof. Dr. Ali MERT



12:30–12:45 Q&A

12:45–13:45 Lunch 

13:45–15:20 SESSION VII: THE SILENT EPIDEMIC: CONFRONTING THE GLOBAL BURDEN OF MASLD /MASH
Co-Chairs: Prof. Dr. Mehmet Ali AĞIRBAŞLI and Prof. Dr. Metin BAŞARANOĞLU

13:45–14:15 How to Identify Patients with Cardiometabolic Risk and Progressive MASLD?
Speaker: Prof. Dr. Zobair YOUNOSSI

14:15–14:35 MASLD: Redefining Fatty Liver Disease
Speaker: Prof. Dr. Cem AYGÜN

14:35–15:05 The Evolving Therapeutic Landscape of MASLD and MASH
Speaker: Prof. Dr. Zobair YOUNOSSI

15:05–15:20 Q&A

15:20–15:35 Coffee Break 

15:35–17:05 SESSION VIII: ININTERACTIVE CASE FORUM-II
Moderator: Prof. Dr. Peter NILSSON

Panelists: Prof. Dr. Muhammad ABDUL-GHANI, Prof. Dr. Tevfik ECDER, Prof. Dr. Mehmet Ali AĞIRBAŞLI, Prof. Dr. Mustafa ARAZ

17:05–17:20 Coffee Break 

17:20–18:40 SESSION IX: Pioglitazone: Friend or Foe? (DEBATE)
Prof. Dr. Ralph A. DEFRONZO vs TBA

17:20–18:40 Emerging Prediabetes Among Adolescents in a High-Risk Population – Urgent Action Required
Speaker: Prof. Dr. Ambady RAMACHANDRAN

DAY 3

SATURDAY, OCTOBER 31, 2026

09:00–10:45 SESSION X: NEW HORIZONS IN AUTOIMMUNE DIABETES
Co-Chairs: Prof. Dr. Oğuzhan DEYNELİ and Prof. Dr. Abdulkadir ÖMER

09:00–09:30 Reimagining Type 1 Diabetes Care
Speaker: Prof. Dr. Paolo POZZILLI

09:30–10:00 The Quest for a Cure in Type 1 Diabetes: From Islet Transplantation to Stem Cell Therapy
Speaker: Prof. Dr. Abdulkadir ÖMER

10:00–10:30 Latent Autoimmune Diabetes in Adults: Current Concepts and Clinical Challenges
Speaker: Prof. Dr. İlhan SATMAN

10:30–10:45 Q&A

10:45–11:00 Coffee Break 

11:00–12:30 SESSION XI: PRACTICAL ASPECTS OF DIABETES CARE
Co-Chairs: Prof. Dr. Abdülkadir ÖMER and Prof. Dr. Tevfik ECDER

11:00–11:30 How Diabetes Accelerates Vascular Decline
Speaker: Prof. Dr. Peter NILSSON

11:30–12:00 Insulin in the Age of GLP-1 Receptor Agonists: Where Do We Stand?
Speaker: Prof. Dr. Prof. Dr. Muhammad ABDUL-GHANI

12:00–12:30 Q&A

12:30–13:15 Lunch 

13:15–14:45 SESSION XII: ININTERACTIVE CASE FORUM-III
Moderator: Prof. Dr. Peter NILSSON

Panelists: Prof. Dr. Muhammad ABDUL-GHANI, Prof. Dr. Dilek GOGAS YAVUZ, Prof. Dr. Tevfik ECDER, Prof. Dr. Mehmet Ali AĞIRBAŞLI, Prof. Dr. Mustafa KANAT

14:45–15:00 SESSION XI: CLOSING REMARKS
Prof. Dr. Mustafa KANAT

DIMER DIABETES 2026 FACULTY

Prof. Dr. Ralph DEFRONZO, USA
Prof. Dr. Michael NAUCK, Germany
Prof. Dr. Paolo POZZILLI, Italy
Prof. Dr. Mustafa KANAT, Turkey
Prof. Dr. Muhammad ABDUL-GHANI, USA
Prof. Dr. Tevfik ECDER, Turkey
Prof. Dr. Muhammad HASSENEIN, UAE-UK
Prof. Dr. İlhan SATMAN, Turkey
Prof. Dr. Fahrettin KELEŞTEMUR, Turkey
Prof. Dr. Peter NILSSON, Sweden
Prof. Dr. Biykem BOZKURT, USA
Prof. Dr. Mehmet Ali AĞIRBASLI, Turkey
Prof. Dr. Mustafa ARAZ, Turkey
Prof. Dr. Rayaz MALIK, Qatar
Prof. Dr. Abdulkadir ÖMER, Turkey
Prof. Dr. Zobair YOUNOSSI, USA
Prof. Dr. Cem AYGÜN, Turkey